

NON-FICTION TITLES BEING PUBLISHED IN MAY 2025

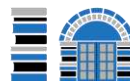


After Baby Comes: Physical, Spiritual, and Emotional Recovery for Postpartum Moms by Rachel Taylor
Art of Winning: Lessons from My Life in Football by Bill Belichick
Becoming You: The Proven Method for Crafting Your Authentic Life and Career by Suzy Welch
By the Second Spring: Seven Lives and One Year of the War in Ukraine by Danielle Leavitt
Capitalism and Its Critics: A History: From the Industrial Revolution to AI by John Cassidy
Diet, Drugs, and Dopamine: The New Science of Achieving a Healthy Weight by David A. Kessler
Everyday Intuition: What Psychology, Science, and Psychics Can Teach Us about Finding and Trusting Our Inner Voice by Elizabeth Greenwood
Foreign Fruit: A Personal History of the Orange by Katie Goh
Heavily Meditated: The Fast Path to Remove Your Triggers, Dissolve Stress, and Activate Inner Peace by Dave Asprey



How Things Are Made: A Journey Through the Hidden World of Manufacturing by Tim Minshall
How to Sleep Like a Caveman: Ancient Wisdom for a Better Night's Rest by Merijn Van De Laar
Innsaei: Heal, Revive and Reset with the Icelandic Art of Intuition by Hrunn Gunnsteinsdottir
Intraterrestrials: Discovering the Strangest Life on Earth by Karen G. Lloyd
Joy Reset: Six Ways Trauma Steals Happiness and How to Win It Back by MaryCatherine McDonald
Life Is a Lazy Susan of Sh*t Sandwiches by Jennifer Welch
Light in Our Eyes: Rediscovering the Love, Beauty, and Freedom of Jesus in an Age of Disillusionment by Nicholas McDonald
Little Bosses Everywhere: How the Pyramid Scheme Shaped America by Bridget Read
Lost Orchid: A Story of Victorian Plunder and Obsession by Sarah Bilston





MORE NON-FICTION TITLES COMING IN MAY 2025



Moral Ambition: Stop Wasting Your Talent and Start Making a Difference by Rutger Bregman

Plato and the Tyrant: The Fall of Greece's Greatest Dynasty and the Making of a Philosophic

Masterpiece by James Romm

Proto: How One Ancient Language Went Global by Laura Spinney

Savvy Working Mom: A Guide to Prioritization, Delegation, and Making Time for Cocktails by

Whitnee Hawthorne

Shamanism: The Timeless Religion by Manvir Singh

So Many Stars: An Oral History of Trans, Nonbinary, Genderqueer, and Two-Spirit People of Color

by Caro De Robertis

Somatic Exercises for Dummies by Kristin McGee

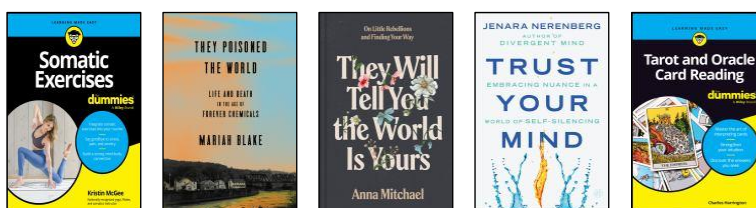
Talmud for Dummies by Arthur Kurzweil

Tarot & Oracle Card Reading for Dummies by Charles Harrington

They Poisoned the World: Life and Death in the Age of Forever Chemicals by Mariah Blake

They Will Tell You the World Is Yours: On Little Rebellions and Finding Your Way by Anna Mitchael

Trust Your Mind: Embracing Nuance in a World of Self-Silencing by Jenara Nerenberg



BIOGRAPHIES BEING PUBLISHED IN MAY 2025

Afterlife of Malcolm X: An Outcast Turned Icon's Enduring Impact on America by Mark Whitaker

Mark Twain by Ron Chernow

Second Life: Having a Child in the Digital Age by Amanda Hess

Things Become Other Things: A Walking Memoir by Craig Mod

